

To whom it may concern

**Stress Management & Confidence Building**  
**West Yorks Branch Meeting**  
**January 2009**

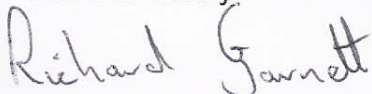
Jules Wyman was invited to give the above presentation at our meeting held at the Hilton Hotel, Bradford.

I cannot recommend her highly enough to any organisation which may be considering using her services. Such is her enthusiasm for her subject, she has no problem engaging with her audience. Her session was very interactive which ensured she held everyone's attention.

The techniques Jules promotes are easy to relate to all our daily routines. They can also be used at home and at work. All that is required is the desire to set new goals and the determination to achieve them.

I am sure our Committee would love to ask Jules to speak to us again at some point in the future.

Yours sincerely



Richard Garnett MAAT  
West Yorks Branch Secretary



INVESTOR IN PEOPLE